

# BEYOND THE BASICS

**Moylan Iceplex**  
 12550 W Maple Rd  
 Omaha NE 68164  
 p 402.431.0335  
 f 402.431.8663  
 Moylaniceplex.com



## 2019 WINTER

### On & Off Ice

**12 weeks** | **12 weeks**

#### Monday

6:15-7:15 pm  
 7:20-7:50 pm

1/7,14,21,28

2/4,11,18,25

3/4,11,18,25

#### Wednesday

6:15-7:15 pm  
 7:20-7:50 pm

1/9,16,23,30

2/6,13,20,27

3/6,13,20,27

### 1 Day Program:

Mon or Wed  
 \$300.00 \$300.00

1 hour on ice, 30 min off ice, 1 hour club ice/wk

### 2 Day Program:

Mon & Wed  
 \$450.00

2/1 hour on ice, 2/30 min off ice, 1 hour club ice/wk

### On Ice Program:

Mon or Wed  
 \$240.00 \$240.00

1 hour on ice

### What's after you pass Level 6 in Learn to Skate? Go beyond the basics.

BtB is 1 hr and 30 minutes, you choose one or two times per week.

#### 60 minutes On Ice is made up of four Specialty Classes:

**Free Skate** - comprised of a variety of progressive skating skills, transitions, spins and jumps-all of which build on the previous skill, providing skaters a strong foundation of all elements

**Artistry in Motion** - introduces skaters to the basic principles and philosophy of choreography, presentation and performance

**Ice Dance** - focuses on the components of ice dancing and reviews the basic edges and turns while skating to music

**Synchronized Skating** - composed of five basic elements, each with a prescribed hand hold, skaters learn how to transition between elements and skate in multiple holds

#### 30 Minutes of Off-Ice Conditioning & Jumping (tennis shoes required)

**Club Ice Card** - receive 1 - 1 hour of ice time per week to practice skills learned

**Skating Director:** Roxanne Tyler, RTyler@moylaniceplex.com

On-line registration available at Moylaniceplex.com

Skater's Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City / State / Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

important to receive notices for class changes / cancellations / information regarding classes

Class Fee \$ \_\_\_\_\_  
 What Club are you a 2018/19 member of: \_\_\_\_\_  
 Total Paid \$ \_\_\_\_\_  
 Payment ( ) Cash ( ) Check # \_\_\_\_\_  
 Makes checks payable to: Moylan Iceplex  
 \* credit cards accepted at register

Birthdate \_\_\_\_\_ Age \_\_\_\_ ( ) Male ( ) Female  
 Parents Names \_\_\_\_\_

What school do you attend? \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

( ) I am interested in getting information on Private Lessons

Circle level completed: LTS Level 6 Free Skate 1 2 3 4 5 6

Do you give Moylan Iceplex permission to use pictures taken during class on their website? Y / N

Class(es) Request: 1 Day Program \_\_\_\_\_ 2 Day Program \_\_\_\_\_ On-Ice Only Program \_\_\_\_\_

Ice skating involves serious risk of injury, that may originate from falls, slips, blade cuts, collisions with other skaters and accidents associated with ice skating and the presence at the ice skating rink. Participant, or his/her legal Guardian, understands these risks and assumes them and therefore releases South Pacific Tranquility IcePlex, Dba Moylan Iceplex, their owners, operators, customers, visitors, instructors, and employers from all liability flowing from participation in group instruction, and any other activity conducted at Moylan Iceplex by Moylan Skating Staff including, but not limited to, payment of medical bills and any other compensation for injuries or death.