

December 2018-Moylan Off & On-Ice Classes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 *6:00-6:30 AM (BE) Go Figure *11:15 am Skating Skills 11:30 AM Conditioning
2	3 Conditioning 6:00 am *Edge/Str 6:30 am Choreography/ Interpretation/ Stretch 6:10 pm	4 Conditioning 6:10 pm	5 *Jump/Spin 6:30 am	6 TaeKwanDo 7:30 pm	7 Conditioning 6:00 am *Innovation 6:30 am Jump Class 6:10 pm	8 *6:00-6:30 AM (BE) Go Figure *11:15 am Skating Skills 11:30 AM Conditioning
9	10 Conditioning 6:00 am *Edge/Str 6:30 am Choreography/ Interpretation/ Stretch 6:10 pm	11 Conditioning 6:10 pm	12 *Jump/Spin 6:30 am	13 TaeKwanDo 7:30 pm	14 Conditioning 6:00 am *Innovation 6:30 am Jump Class 6:10 pm	15 *6:00-6:30 AM (BE) Go Figure *11:15 am Skating Skills 11:30 AM Conditioning
16	17 Conditioning 6:00 am *Edge/Str 6:30 am Choreography/ Interpretation/ Stretch 6:10 pm	18 Conditioning 6:10 pm	19 *Jump/Spin 6:30 am	20 TaeKwanDo 7:30 pm	21 Conditioning 6:00 am *Innovation 6:30 am Jump Class 6:10 pm	22 *6:00-6:30 AM (BE) Go Figure *11:15 am Skating Skills 11:30 AM Conditioning
23/30	24/31	25	26	27	28	29 *6:00-6:30 AM (BE) Go Figure *Red-On Ice Classes Black-Off Ice Classes