

March 2019-Moylan Off & On-Ice Classes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Conditioning 6:00 am *Innovation 6:30 am Jump Class 6:10 pm	2 11:30 AM Conditioning
3	4 Conditioning 6:00 am *Edge/Str 6:30 am Choreography/ Interpretation/ Stretch 6:10 pm	5 Conditioning 6:10 pm	6 *Jump/Spin 6:30 am	7 TaeKwanDo 7:30 pm	8 Conditioning 6:00 am *Innovation 6:30 am Jump Class 6:10 pm	9 *11:15 am Skating Skills 11:30 AM Conditioning
10	11 Conditioning 6:00 am *Edge/Str 6:30 am Choreography/ Interpretation/ Stretch 6:10 pm	12 Conditioning 6:10 pm	13 *Jump/Spin 6:30 am	14 TaeKwanDo 7:30 pm	15 Conditioning 6:00 am *Show Practice 6:30 am Jump Class 6:10 pm	16 *6:00-6:30 AM (BE) Go Figure *11:15 am Skating Skills 11:30 AM Conditioning
17	18 Conditioning 6:00 am *Edge/Str 6:30 am Choreography/ Interpretation/ Stretch 6:10 pm	19 Conditioning 6:10 pm	20 *Jump/Spin 6:30 am	21 TaeKwanDo 7:30 pm	22	23 *6:00-6:30 AM (BE) Go Figure
24/31 *Red-On Ice Classes Black-Off Ice Classes	25 Choreography/ Interpretation/ Stretch 6:10 pm	26 Conditioning 6:10 pm	27 *Jump/Spin 6:30 am	28 TaeKwanDo 7:30 pm	29 Conditioning 6:00 am *Show Practice 6:30 am Jump Class 6:10 pm	30 *6:00-6:30 AM (BE) Go Figure *11:15 am Skating Skills 11:30 AM Conditioning